

## The Grumpy Disciple #4

### Is It Time For God To Go In For Therapy?

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One might ask if the original “multi-tasker” is overwhelmed by the emotional pressures of His occupation? The taxing demands would certainly scare anyone away. Though many humans presume to have the “know how” in order to do His job, and some even boast the ability to “do better” – I doubt they could.

The sheer idea of God needing a therapist creates reactions ranging from ludicrous to sacrilegious. Such extremes! Yet, there are multiplied millions in the middle who find the concept of seeking third-party, outside help, a potentially profitable endeavor. Of course, applying the therapeutic skills of an emotionally unattached professional to their Creator is not without complications. Simply put, a counselor who is an atheist might find such a client challenging.

Unlike us, the benefits to God would probably be eternal. Followers of various religious dogma point to His last (publicized) vacation being “eons ago...the first weekend after the whole Creation thing.” Others point to Him as possibly “burned out with fatigue, over the complete human race mess-up.” This leads many to perceive Him as reclusive.

More than one faith sees the current rise and popularity of counseling as the ideal time for our Supreme Deity to come out of the closet and find a suitable support group. Though sacred texts differ on His identity, style of clothing, morality – even gender – such complexities can be sorted out in a safe group setting. The 24/7 non-stop necessities of Godhood, eon after eon, spell out one word in celestial bright lights: S-T-R-E-S-S! Workaholism has also been suggested.

No wonder we hear so little from Him these days – Who’s got the time?

Does God read the newspapers? I think so. Coping with the problems of just one planet is staggering, not to mention dodging rogue comets and redirecting deadly asteroids. Just look at our moon – where was God when it was being routinely beaten up, huh? I think we’ve ended up with a bottom-of-the-barrel barren satellite to stare at. Why?

The concept of the Supreme Being seeking help may seem strange, perhaps even pretentious. But consider the universal benefits. Faster and more efficient answers to prayer; fewer wars...well, you get the picture.

We’ve been told that admitting you have “a problem” and that one has been living in “denial” is the beginning toward a normal life. Imagine if God went to a 12 Step program and decided His “higher power” wasn’t going to be Himself? What a load off! What a release of that

weight of responsibility! Divinity could let its hair down, kick off its sandals and ahh...*really relax!*

In conclusion, yes, He's probably surrounded by millions of "Yes Men" angels. But really, when you need a friend and some help, and all you've got are Your creations, life can be a bummer - even for God - 'cause You already know what they're going to say.

*These Things Make Me Grumpy...*

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